

# The birds and the...bellybutton?!

It dawned on me and my husband recently that 'the talk' needs to happen with our eldest two sons soon. You know, *that* talk. Luke will be 10 just after Christmas and Zak is 8.

Yes, we fear it is almost time.

\*The Bells of Doom Toll\*

[via GIPHY](#)

We aren't prudes (surely you guys all know that by now #hellowpottymouth) and we have never lied to the kids and told them baby's come from the sky, delivered by some bizarre bird who flies with it dangling precariously over land and sea in a blanket from, actually I have no idea where Storks get the babies from – goes off to google – apparently they find them in Caves, like you would Wookey Hole cheese. Make of that what you will.

Anyhow, just as I decide in my head that 'the talk' needs to happen, and as we have boys I feel that it's only right that this duty falls to Daddy, the boys start springing questions on me.

\*Cue sweaty palms, frantic brain activity trying to think of an answer and nervous laughter from mummy\*I have decided the talk falls to Daddy because he knows far more about all the 'boy stuff' (god I am loving the inverted comma usage today) than I do. Penises. There I said it, no more inverted commas, he knows more about Penises than I do. There's a fact I'm sure my parents are relieved about.

*For goodness sake Gemma, you always promised yourself you would be a 'cool' mum who was honest and chilled out about sex*

*and babies with her kids. Now look at you! You look like a 1940's housewife who's child has just said the word Vagina at the family Christmas dinner table.*

This whole bombardment of questions started because of CBBC. There was a programme on and the boys were watching it with great enthusiasm. It's all about the human body and this episode happened to discuss babies, more specifically, how babies eat and poo in the womb. Of course 9 and 8 year old boys are going to pay attention to that...*of course they are.*

They used the phrase, "Did you know, when you were in your mummy's tummy, your belly button used to be both your bottom and your mouth!"

\*I stare at the TV with a death stare willing a power cut to occur whilst the boys pick their jaws up off the floor and then begin hysterically laughing\*.

Thanks CBBC, no, really. Thank you. I really needed that sentence to be heard just as I am dishing up Herta Frankfurters and Pasta for the kids (nothing but nutritious dinners here folks).

**"MUMMY!!!!!!!!!"**

The boys yell at me.

**"We used to eat and poo out of our belly buttons when we were in your tummy!!! That is so gross!!!!  
Hahahahaha!!!!!"**

Yes darlings, isn't it. Gives a whole new meaning to the phrase Potty Mouth doesn't it.

“Well, yes, I suppose that is a way of looking at it” I reply  
hastily.

Then Luke pipes up, “But if we pooped out of our belly buttons  
in your tummy, and then the poop went along the tube thingy  
that was attached to it, where did my poop go then?! Did you  
have to poop our poop out for us?!”

Then Zak pipes up, “Did you just poop all the time when we  
were in your tummy mummy? You know, because you had your own  
poops and then our poops too? That must have been very hard  
work for you. And you must have been pooping all day!”

*\*Kill me now\**

Then another question comes from Luke, “So mummy, if I was  
hungry, did that message pass along the tube thingy and make  
you eat because I needed to?”

*\*Now, this I could use to my advantage to explain my  
preposterous weight gain\**

“No Luke. You didn’t ‘tell me’ you were hungry by sending a  
message along the umbilical cord to make me want to eat an  
entire packet of Pork Pies because that’s what you fancied. I  
just ate like normal and some of the nutrients would go to you  
via the Umbilical cord and that’s how you ‘ate’. You didn’t  
get sent a pepperoni pizza and a tub of Ben and Jerry’s via an  
umbilical version of Deliveroo, sorry about that”.

Then, just as I think this conversation can’t get any weirder,  
Zak says,

“Well, this all makes sense now because mummy’s poo babies out  
of their butts so if our poops were getting out that way,  
that’s how we got out too”.

*\*Darwin award for Biological knowledge at a young age goes  
to...not Zak\**

So, in light of this little exchange, I think I might be scheduling in a mummy and Ben morning outing fairly swiftly so Daddy can have some quality father/son 'bonding' time to discuss these important matters further.

I would hate for him to miss out on this important parenting milestone...

