

Pick your Poison: Gin &  
Dubonnet – Happy 90th  
Birthday, and World Gin Day,  
your Majesty!

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**“Let us not take ourselves too seriously. None of us has a monopoly on wisdom”.**

**Queen Elizabeth II**

Her Majesty the Queen is 90 years old today and, to top off an already EPIC day, it is also World Gin Day!!!  
For me, this is even more exciting than Christmas and my

birthday!

In celebration of this momentous day, I have made our Liz's tippie of choice and, funnily enough, it contains Gin! How good is that?!

Lizzie is such a trendsetter, she was in on this Gin revolution long before any of us mere mortals were.

It's a simple drink – Gin & Dubonnet – but a great one, and The Queen is said to have one very day before Lunch. Technically, by drinking one of these every day, The Queen has over the recommended weekly allowance for alcohol here in the UK. She is now my hero, and has had a Gin every day and made it to 90 years old. I told you all Gin is medicinal...

So, without further ado, here is the recipe for Gin & Dubonnet.

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## Ingredients

25ml Gin (I used [Silent Pool Gin](#))

50ml [Dubonnet](#)

(Dubonnet is a type of Fortified Wine. It has Cherry, Qunine, Citrus and Toffee notes in it and, to me, this drink tastes a little bit like a spin on a Sangria!)

A slice of Lemon

Ice

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# Method

1. Place the Gin and Dubonnet in a Cocktail shaker.
2. Add some Cubed Ice
3. Shake until the Cocktail shaker is cold on the outside, about 20 seconds.
4. Pour into a glass of choice and add a slice of fresh lemon and a few ice cubes.

Bottoms up everyone! Here's to you Queen Elizabeth II, you complete and utter legend.

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I love the Queen, and Gin, in equal measure (make mine a double).

Queen Elizabeth, in my eyes, is a completely awe inspiring and wonderful woman. Born in a turbulent era for the world, knowing and seeing the horrors of war first hand, devoting her life to selflessly serve her Country, being a Mother, a Grandmother and now a Great Grandmother. She has experienced love and loss and, through it all, has maintained her composure, dignity and morals.

In my opinion, she is one of a kind, and I feel so lucky to have been born in a time where I have been able to grow up 'knowing her'.

She has done wonders for the Royal Family and their perception by the public. She has reached out, made them more personable and ensured the next generation of Royals continue in this way.



The Queen, smiling and laughing when she realised Prince Philip was one of the Soldiers on parade. He hadn't told her he was going to don a Bearskin hat and stand on parade, I think the look on her face is utterly wonderful. True love.

I understand some people think the Royal Family has 'had it's day', that they aren't required in this day and age and they're 'out of touch' with the people. However, for me personally, I couldn't disagree more. I am proud, most of the time if you exclude the recent behaviour of a few 'England Fans' in France for the Euro 2016 Football, of our country. I am proud to be able to say I am British and I love our history and heritage. That's what helps makes Britain Great.

My most favourite 'Queen moments' are these two. For me, they sum up all that I love about her.

So, on your 90th Birthday (and World Gin Day) your Majesty, happiest of happy birthdays.

God Save the Queen...and the Gin. The Gin is also very important

And finally...

The Queen is also said to love this song by Fred Astaire,  
Cheek to Cheek.

I think it's a wonderful song too, and I can just imagine her  
popping this on of an evening and tapping her foot to it  
whilst sipping on a G&T in her favourite chair.

So go on, put this song on, make yourself a Gin & Dubonnet and  
raise a Gin filled glass to The Queen on her 90th Birthday! I  
know I will be.

Gems.x