

[#capturingtheday – Week 18](#) [Roundup](#)

It's Sunday again and that means it's time for our #capturingtheday roundup!

I have been man down with a flu type bug this weekend. It's been a bit rubbish – body aches, head that feels like it wants to explode, shivers, burning up, the works – and despite the husband being home to 'help', he didn't really. He reluctantly got up yesterday morning after the toddler started going bonkers to get up and then I was up by 10:30am because he was off out on a bike ride. The joys of being sick when you're a mum, eh?!

Anyhow, I am feeling quite a bit better today which is good. Don't have time for this being sick malarkey do we.

Hope you've all had a good week?

I have been LOVING the frosty mornings. I know they aren't everyone's cup of tea but I do love how the frost has the ability to touch even the most mundane of things and make them look magical...



**So, without further ado,
here are my chosen images for
this weeks #capturingtheday
roundup...**



(From top left in a clockwise direction)

Top Left: [@topsyturveytribe](#)

[\(Blog\)](#)

Top Right:
[@copperplumphotography](#)

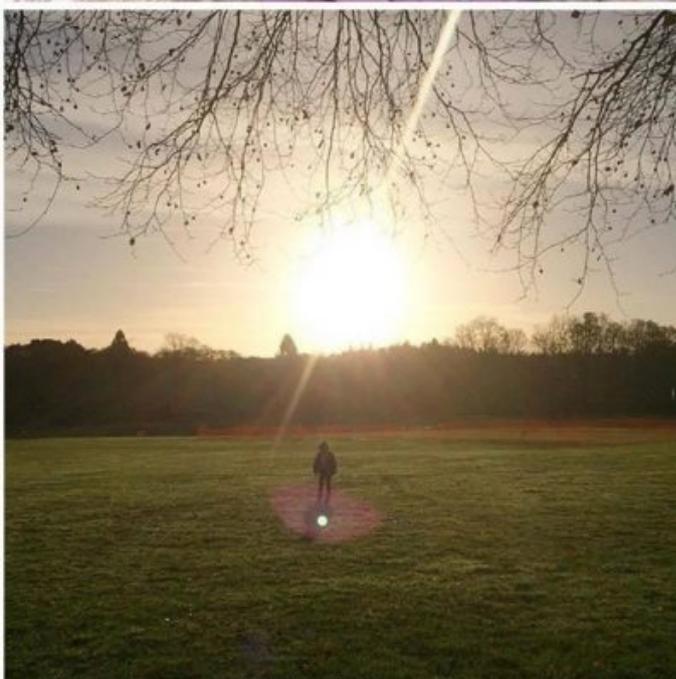
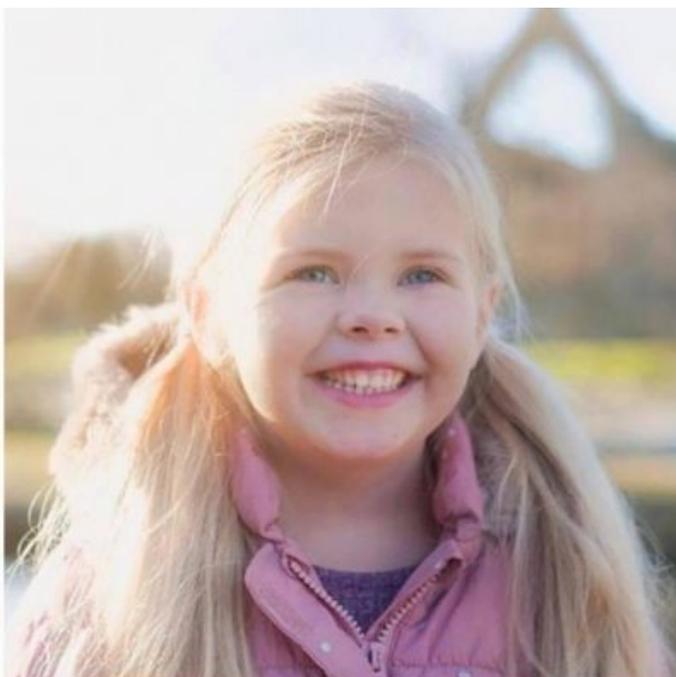
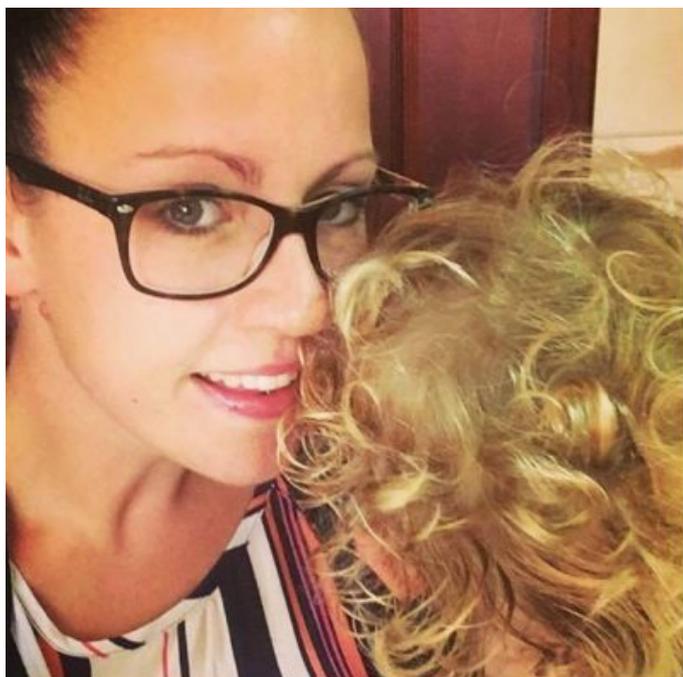
Bottom Right: **[@admofaworkmum](#)**

[\(Blog\)](#)

Bottom Left: **[@mumaontheedge](#)**

[\(Blog\)](#)

**And here are Yvonne's choices
for the week...**



(From top left in a clockwise direction)

Top Left: [@laura_babykicks](#)

[\(Blog\)](#)

Top Right: [@five littledoves](#)

[\(Blog\)](#)

**Bottom Right:
[@littlelullabyuk](#)**

[\(Blog\)](#)

Bottom Left: [@missbettyandme](#)

[\(Blog\)](#)

Congratulations to all of you and thanks again to everyone who linked up.

Do spread the word and join in again!

#capturingtheday

All photos are welcome.

Baking, crafts, days out, sunsets, tantrums, rainy days, moonamis. well earned nights out for the parents, whatever it is you've captured during the week.

My favourite photo from my lovely buddy over the sea, Yvonne, over at Double the Monkey Business is this beauty...



It's such a great action shot! And I am pleased to report Yvonne got her husband back after she was hit with this one.
Good work Hun! ☐

[You can find Yvonne on Instagram, here.](#)

[You can read her blog, here.](#)

See you all next week!